

Cooking Class at a Local Family

Title: Cooking Class at a Local Family

Duration: 4 hours (9:00 p.m- 13:00p.m)

Meeting point: Hotel

Place to visit: A local family

Overview: This cooking class is specially designed for foodies who like cooking while also interested in knowing about local family's life. From picking the cooking materials in the wet morning to make your own lunch with what you bought, to finally taste what you made. This process would introduce to you the unique local cooking and food culture. You will visit the local market in the morning and then get to know the cooking equipment that Chinese use. Your host will show you how to use them and how to make the authentic local dishes. You will get your hands dirty and learn how to make Mapo Tofu, Kungpao Chicken, Dumplings, Noodles, Chinese Salad, etc..

Price: 54 USD

Highlights:

1. Visit a local family and see their lifestyle;
2. Actually learn about the Chinese cuisine;
3. Wander in a local wet market;
4. Private guide service.

Detailed Itinerary

At 9:00 a.m, your guide will greet you at your hotel. You will commence this amazing cooking class.

You will head for a local family first. After introductions to each other, you will set out to buy cooking materials for this lunch. Based on the dishes you are interested in, your host will help to buy the necessary materials in the local market. You will encounter many local people coming here for vegetables and it's common to see some vigorous bargaining.

After purchasing what you need, you will head for the family again to do the cooking magic.

Tel: +86 18629295068 / 1-909-666-8151 (toll free)

Email: lilychinatours@hotmail.com

Under the guidance of your host, you will do the chopping, cutting, frying, and other cooking style you may never tried. You will get to make the authentic Chinese dish that you tasted before.

Besides the dishes, you are recommend to make dumplings and noodles, two staples in Northern China. From stuffed materials being mixed to wrapping them, from boiling dumplings to making sauces, you will be walked through by your host step by step. Whilst making noodles is a little bit different. You only need to make thin strips out of the flour dough and boil them, it's done! The trick lies in the sauce or soup. With the explanation of your guide, the host would show you how to make the plain noodles delicious. After everything is done, you will be proud to have what you made. This is truly homemade lunch!

After the lunch, you will be offered with some seasonal fruits as dessert. You can dive into the daily life of your host and learn more about them. After the tour, you will become true friends!

What's important:

What's included:

Public transfer service

Licensed Chinese- English bilingual speaking tour guide.

Lunch

Materials needed for cooking.

Teaching fee

What's not included:

Personal expenses or private entertainment items in sites.

Tips or gratuities for guide if he/she did a good job(recommended)

What to take: smile and a relaxing heart.

Good to know:

1. Please be civil and don't snoop around the host's private rooms.

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2. Please be aware that your host may not be able to speak English. Your guide will be along with you all the time to ensure a better communication condition.
3. You are welcome to learn a little Chinese with your host, while imparting a little bit about yourself to them.
4. Please be respectful to the local customs.

FAQ:

1. We are not staying at city center, can you pick us up from our hotel?

Re: In usual cases, we will take public transportation to complete this tour. If your hotel is in suburb and it's not easy for you to take a cab, Lilysun China Tours can provide the private transfer service for you. You just have to pay extra as compensation.

2. I don't want to make dumplings or noodles, what other choice do I have?

Re: Lilysun China Tours has several families that can host you. You just need to inform us about your food preferences in advance, we will arrange a family that suits you best.

3. Can we start earlier in the morning to stop by a local park?

Re: Sure, no problem. Just advise your preferred time.