

Morning Tour to Wet Market and Tai Chi Practicing

Title: Morning Tour to Wet Market and Tai Chi Practicing

Duration: 3 hours (8:00 p.m- 11:00p.m)

Meeting point: Grand Noble Hotel

Place to visit: local wet market and local park

Overview: Join in the local people's daily lives and have a taste of traditional Chinese culture, folk religion and Tai Chi while visiting the local communities, morning markets, parks and the temple hidden in a corner of the city!

You will meet curious locals who would like to say “Nihao” to you, you will be welcomed to join them in their activities and you will be showered with enthusiastic hospitality. Not to mention the highlight of learning Tai Chi (Shadow Boxing) in its home with an old master and the opportunity to dress up like a Kung Fu master. In addition there is the option of a vegetarian lunch in the temple.

Price: 54 USD per person

Highlights:

1. Get a glance of local morning life by wander in a local market and watch people bargaining;
2. Do a little exercise in a local park under the instruction of a Tai Chi master;
3. Grab something local for breakfast and feel like a common worker.

Detailed Itinerary

At 8a.m, from the meeting point at the Grand Noble Hotel, you will make your way to this amazing morning walking tour.

Your will walk along the back street alleyways to a busy morning market and grab some local snacks for breakfast as locals do.As a food paradise, Xian is a perfect place for you to taste the most authentic breakfast that Chinese have. Here are some options for you: Chinese hamburger, Chinese Pancake, Tofu Jelly, Baozi, Spicy Soup, Deep-fried Dough Sticks, Pan-fried Dumplings, etc..

Then, you will access a local wet market, where you will see all kinds of fresh vegetables, fruits, raw meats and other daily necessities are on sell. You will see many elders buying vegetables for the day and bargaining with vendors. Visiting this market will enable you to see the real local life and consumption level.

Moving on to the park you will see a variety of fascinating daily activities on the go from individuals practicing opera to groups gathered to practice singing or varieties of dancing and even shuttlecock kicking and more. At the end you will be guided to a 1000 year old temple with our Tai chi master right there waiting for you. Once you arrive, your coach will give you a brief introduction of Taichi or Kung Fu to warm up. Spend the rest of your class learning basic postures and moves in a relaxed atmosphere. After your class, you can take photos with your coach before being returned back to Grand Noble hotel.

What's important:

Tel: +86 18629295068 / 1-909-666-8151 (toll free)

Email: lilychinatours@hotmail.com

What's included:

Public transfer service

Licensed Chinese- English bilingual speaking tour guide.

Bottled water.

5-6 kinds of local snacks as breakfast

What's not included:

Personal expenses or private entertainment items in sites.

Tips or gratuities for guide if he/she did a good job(recommended)

Transportation between your hotel to Grand Noble Hotel.

What to take: smile and a relaxing heart.

Good to know:

1. This is a group tour starting from 2 people. We won't arrange if there is only one person participating.
2. You need to take care of the transportation between your hotel and meeting point (Grand Noble Hotel). In case your hotel is nearby the hotel, our guide can meet you at your hotel as well. Just advise in advance.
3. This tour can be operated as a private tour. The price would be a little higher.
4. The starting time is 08:00 a.m. If you find it too early for you, we can start later.

FAQ:

1. My hotel is a little far, can you arrange private transfer service?

Re: Yes, Lilysun China Tours can arrange private transfer service. Then, this trip would become a private tour. The expense would be higher.

2. Can we buy some locally featured stuff in the market?

Re: Sure, you can buy something in the market, but we wouldn't recommend stuff that's hard to store.

3. What if I don't want to practice Tai Chi Boxing?

Re: Tai Chi Boxing is a kind of exercise that needs patience and concentration. Young people may find it slow and boring, you can explore on your own in the park while other people do the practice.

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4. What if I already had breakfast in my hotel?

Re: In case you already had breakfast, you can jump to wet market immediately. If you are travelling with other people, you can do something nearby while other people enjoying their Chinese-style breakfast.